Enhancing Resilience in Survivors of Family Violence - Dr. Kim M Anderson, Ph.D. - 2009-10-26

"This book will help change the paradigm that has gripped the mental health professions for so long and will be a positive boost for those who know there must be a better and more affirmative way to do this important work." - Donna Sakefe, PhD, Professor Emeritus School of Social Welfare, University of Kansas In this book, Kim Anderson demonstrates the extent to which individuals with history of family violence can have "self-correcting" tendencies that promote their positive adaptation in overcoming trauma. These strengths, which often go unrecognized or undervalued, can be used for healing. This book assists mental health practitioners in identifying, supporting, and validating the resilient capacities of their clients. Anderson provides new conceptual frameworks and clinical strategies for integrating resilience-oriented and strengths-based treatment with survivors of family violence. The book discusses resilience in survivors of childhood incest, children of battered women, and survivors of domestic violence. The book offers an in-depth examination of the types of losses experienced by survivors. The power of recovery and posttraumatic growth Assessments that capture client strengths, resilience, and acts of resistance Spirituality: making meaning of one's suffering. Life purpose in life The book challenges the premise that survivors who have suffered from family violence will remain wounded throughout life. Anderson underscores the multiple scientific perspectives. They synthesize the latest literature on the topic, describe their own research on resilience, and quote from their interviews with highly resilient people.

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The importance of therapeutic play in helping children recover from adversity has long been recognized. This unique volume brings together experts on resilience, trauma, and play therapy to describe effective treatment approaches in this key area. The book begins by providing guiding principles for intervention and describing the specific properties of play that promote resilience. Subsequent chapters delve into clinical applications, including such strategies as storytelling and metaphors, sand play, art therapy, play therapy adaptations for school settings, group interventions, and the use of therapeutic writing. Rich case studies and vignettes demonstrate creative ways to help at-risk children's strengths and enhance their natural capacity to thrive.

Play Therapy Interventions to Enhance Resilience - David A. Crenshaw - 2015-04-23

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Promoting Resilience - Neil Thompson - 2016-09-06

Promoting Resilience offers a fresh perspective that views resilience through a sociological lens, emphasizing the significance of less issues and highlighting a range of practice implications across a wide range of fields. Drawing on the expertise of a wide range of contributors, the book provides a solid foundation for developing a fuller and more holistic picture of the many challenges associated with promoting resilience. Chapters present a range of sociological perspectives that cast light on trauma and vulnerability. Combining theoretical richness with practical insights, chapter authors bring a sociological lens to enrich understanding of loss and adversity. This volume offers a rich bedrock of understanding for students, clinicians, and researchers who want to extend and deepen their knowledge of the sociocultural aspects of overcoming life challenges.

Resilience in Children, Adolescents, and Adults - Sandra Prince-Embury - 2012-11-06

Resilience in Children, Adolescents, and Adults: Translating Research into Practice Recognizes the growing need to strengthen the links between theory, assessment, interventions, and outcomes to give resilience a stronger empirical base, resulting in more effective interventions and strengthening-enhancing practice. This comprehensive volume addresses the key links in research and practice, including such questions as storytelling and metaphors, sand play, art therapy, play therapy adaptations for school settings, group interventions, and the use of therapeutic writing. Rich case studies and vignettes demonstrate creative ways to help at-risk children's strengths and enhance their natural capacity to thrive.

The book of Job has captured the imagination of Christians and non-Christians alike. In this study, Ronald Hesselgrave shows how the personal story of Job's struggle with suffering is representative of the pain and vexation within the entire creation, and how Job's eventual healing and restoration in the context of his relationship to God is connected to the "grand narrative" of God's purpose to redeem humanity and defeat evil in the world. He explores the themes of evil, suffering, and God's sovereignty, grace, and power through the lens of John 1:1-18 and the whole of the Bible. A further concern of this study is with the pastoral or practical value of the book of Job, both for caregivers and those who may themselves be going through the valley of deep suffering. In an era of individualism, minimalism, and spiritual plurality, Hesselgrave's fresh insights in a way that deepens our understanding of suffering and provides the basis for a more holistic and comprehensive response to the needs of those who suffer. A final summary of the implications of Job for a practical theology of suffering is given in the conclusion.

I Know that My Redeemer Lives - Ronald P. Hesselgrave - 2009-10-11

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Some Areas of Community Empowerment and Resilience - Venkat Pulla - 2017-07-01

With escalating poverty, rising individuation, outright destruction of social security networks and diminished civil liberties across the world many professionals appear to be setting down for individual fixes rather than system overhauls. Social work has a rich history of community development, yet seems to be a semi-passive spectator to the growing loneliness in our communities. Fuelled by the elites, government and agencies the models of community development seem to perpetuate dependency. A right oriented citizen's perspective has been a long overdue in the discourse of empowerment of people. Professionals with espoused commitment to human rights ought to step up their role and rethink the roots in community empowerment. Some Areas of Community Empowerment and Resilience addresses the above central themes and offers fresh and refined approach on aspects of coping and resilience community building.

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were adopted during the interventions to promote women’s empowerment. The contributions face these issues from various perspectives, present the state of the art

Teaching Against Violence - Inse Tinti - 2014-01-01

Teaching Against Violence deals with gender based violence, paying particular attention to domestic violence, as in this field feminism has tenaciously sought to change the

Resilience and Mental Health - Steven M. Southwick - 2011-08-18

Resilience and Mental Health are essential to mental health. Resilience and Mental Health is a growing body of literature that has been developed to help individuals and families

Vicarious Trauma and Disaster Mental Health - Gerrie Outspan - 2015-02-11

Vicarious Trauma and Disaster Mental Health focuses on the clinician and the impact of working with disaster survivors. Floods, hurricanes, tornadoes, mass shootings, terrorism and other large-scale catastrophic events have increased in the last decade and disaster resilience has become a national imperative. This book explores vicarious trauma and its

Video and Filmmaking as Psychotherapy - Joshua L. Cohen - 2015-02-11

While film and video has long been used within psychological practice, researchers and practitioners have only just begun to explore the benefits of film and video production as therapy. This volume describes a burgeoning area of psychotherapy which employs the art of filmmaking and digital storytelling as a means of healing victims of trauma. This book explores video and filmmaking as a technique for promoting psychological resilience, trauma healing, and mental health. It includes chapters on producing a personal story, group therapy, and creative expression through video and filmmaking. The book explores practical applications and serves as a guide for therapists who wish to use video and filmmaking in their practice.

Psychological Resilience and Mental Health - Steven M. Southwick - 2011-08-18

Psychological Resilience is an important aspect of mental health and well-being. Resilience and Mental Health is a growing body of literature that has been developed to help individuals and families cope with stress, trauma, and other challenges. This book explores the concept of resilience and its role in mental health and well-being. It provides a comprehensive overview of the research, theory, and practice related to psychological resilience, including the role of social support, individual factors, and environmental influences. The book also includes case studies and practical strategies for promoting resilience in individuals and groups.

Exploring the Phenomenon of Resilience with a Child Survivor of Abuse - Elspeth McInnes - 2019-05-07

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This groundbreaking book introduces and researches art therapy as a creative and effective treatment for the sensitive and pertinent issue of human sex trafficking. It is authored by a team of researchers working in education and sociology. The book broadens the scope and impact of digital storytelling in higher education. It outlines how to teach, research and build communities in tertiary institutions through the particular form of audio-visual communication known as digital storytelling by developing relationships across professions, workplaces and civil society. The book is framed within the context of ‘The Four Scholarships’ developed by the Carnegie Foundation for the advancement and rededication of teaching, including the scholarship of teaching, integration, application, and teaching and learning. The book contains case studies, research findings, and contributions, this volume captures the potential of digital storytelling to improve, enhance and expand teaching, learning, research, and interactions with society. Written by an international range of academics, researchers and practitioners, this book provides a timely and expert analysis of differentiated exposure of small states to natural of key events, relevant data and documents, primary source data, and recommended resources. Compiles the most recent data about victims and offenders, thereby correcting many misconceptions about domestic violence Offers a timeline of critical events for readers to understand the history of the movement Includes primary references and web resources.

Strengthening Disaster Resilience in Small States

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Conflictual Responsibilities

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ABSTRACT: This study examined whether life design counseling can enhance the career resilience of a sexual abuse survivor. One participant was selected through purposive sampling from the Sexual Abuse Counseling Program at a university counseling center. The participant was then engaged in life design counseling. Various qualitative methods were used to gather data while data analysis was done using thematic content analysis. Following the intervention, findings from a qualitative perspective indicate that the narrative career counseling intervention was successful. We conclude that various narrative techniques can be used to enhance a childhood sexual abuse survivor's career resilience. Future research should assess the value of life design counseling in group-based contexts to help survivors of sexual abuse (re)construct career-narratives for their future selves and careers.

Improving the Career Resilience of a Survivor of Sexual Abuse - 2018

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Resiliency Enhancement - Elaine Norman - 2012-07-24

This book bridges the gap between research to illustrate how resiliency enhancement enables social workers to put the strengths perspective successfully into practice for their clients. Contributors to this volume show how social workers can use interventions to enhance those resiliency factors.

Resilience in Deaf Children - Debra H. Zand - 2012-01-24

Historically, the diagnosis of deafness in a child has been closely associated with profound disability, including such typical outcomes as unmet potential and a life of isolation. A major shift away from this negative view has led to improved prospects for deaf children. Resilience in Deaf Children emphasizes not only the capability of deaf individuals to withstand adversity, but also their positive adaptation through interactions with parents, peers, school, and community. In this engaging volume, leading researchers and professionals pay particular attention to issues such as attachment, self-concept, and social competence, which are crucial to the development of all young people. In addition, the volume offers strategies for family members, professionals, and others for promoting the well-being of deaf children and youth. Coverage includes: Attribution formation among deaf infants and their primary caregivers. Deaf parents as sources of positive development and resilience for deaf children and youth. Community cultural wealth and deaf adolescents’ resilience. Self-efficacy in the management of anticipated work-family conflict as a resilience factor among a diverse sample of deaf children and youth.

Healing Complex Posttraumatic Stress Disorder - Gillis O’Shea Brown - 2021-04-30

This book is a clinician’s guide to understanding, diagnosing, treating, and healing complex posttraumatic stress disorder (C-PTSD). C-PTSD, a diagnostic entity to be included in the 5th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) and in the revised International Classification of Diseases (ICD-11), is the result of prolonged and repeated interpersonal trauma. The author provides guidance on healing complex trauma through phase-oriented, multidimensional, and skill-focused treatment approaches, with a core emphasis on symptom relief and functional improvements. The book offers integrative healing techniques and modalities that are currently being utilized as evidence-based treatments, including innovative multi-sensory treatments for trauma, in addition to learning more about posttraumatic growth and resilience. Each chapter of this book guides readers through the complicated field of treating and healing complex trauma, including how to work with clients also impacted by the shared traumas of war and occupation. The book explores the core components of trauma and the body and the power of narrative trauma therapy. It is essential reading for clinicians working with individuals who have experienced complex trauma.

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Cheney & Nolte's Neurobiology of Mental Illness - Dennis S. Cheney MD - 2017-11-29

This book provides a fundamental overview of psychiatric diagnosis and introduces the reader to the DSM-5. It examines the controversies, different camps, and thought on the future of psychiatric diagnosis. In this wider context, this book provides information from numerous psychiatric diagnosis in the United States for all clinical work, and of RDoC, which provides an alternative perspective on diagnosis in heavy use in the research.

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Researchers within these fields and more can contribute to a universal understanding of immediate and long-term consequences—both good and bad—of trauma, both for individuals and for broader communities and institutions. Trauma encyclopedias published to date all center around psychological trauma and its emotional effects on individuals as a disabling or mental disorder requiring mental health services. This element is vital and has benefited from scientific and professional breakthroughs in theory, research, and applications.

Our encyclopedia certainly will cover this central element, but our expanded conceptualization will include the other disciplines that affect threat environment and assessment along core missions, organizational responses, and the aim of fostering safe and secure societies.

**The Resilient Self** - Steven J. Wolin - 1993

A guide to self-empowerment designed to help adult children of dysfunctional families free themselves from the past discusses characteristics that allow individuals to cope with trauma and forge a healthy life and explains how to develop such traits. 25,000 first printing.

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Focusing on this broader security culture framework of analysis, this text uses a comprehensive approach to explore cultural factors empirically and pragmatically as they affect threat environment and assessment along core missions, organizational responses, and the aim of fostering safe and secure societies.

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**Advancing International Human Rights Law Responsibilities of Development NGOs** - Noam Schimmel - 2020-10-31

This book explores the potential responsibilities to respect, protect and fulfill international human rights law (IHRL) of a particular class of non-state actors: non-governmental organizations (NGOs). It calls for NGOs pursuing development to respect and fulfill the human right of genocide survivors to reparative justice in Rwanda. It argues that NGOs have social and moral responsibilities to respect and fulfill IHRL, and for greater accountability for them to do so. The book focuses on those NGOs advancing development in a post genocide transitional justice context acting simultaneously in partnership with state governments, as proxies and agents for these governments, and providing essential public goods and social services as part of their development remit. It defines development as a process of expanding realization of social, economic, and cultural rights addressing food security, economic empowerment/poverty reduction, healthcare, housing, education, and other fundamental human needs while integrating these alongside the expansion of freedoms and protections afforded by civil and political rights. It uses post genocide Rwanda as a case study to illustrate how respect and fulfillment of the IHRL pertaining to reparative justice are hindered by failing to hold NGOs responsible for IHRL. Consequently, this results in discrimination against, marginalization, and the disadvantaging of survivors of the Rwandan genocide against the Tutsi and violations of their human rights.

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This book explores the potential responsibilities to respect, protect and fulfill international human rights law (IHRL) of a particular class of non-state actors: non-governmental organizations (NGOs). It calls for NGOs pursuing development to respect and fulfill the human right of genocide survivors to reparative justice in Rwanda. It argues that NGOs have social and moral responsibilities to respect and fulfill IHRL, and for greater accountability for them to do so. The book focuses on those NGOs advancing development in a post genocide transitional justice context acting simultaneously in partnership with state governments, as proxies and agents for these governments, and providing essential public goods and social services as part of their development remit. It defines development as a process of expanding realization of social, economic, and cultural rights addressing food security, economic empowerment/poverty reduction, healthcare, housing, education, and other fundamental human needs while integrating these alongside the expansion of freedoms and protections afforded by civil and political rights. It uses post genocide Rwanda as a case study to illustrate how respect and fulfillment of the IHRL pertaining to reparative justice are hindered by failing to hold NGOs responsible for IHRL. Consequently, this results in discrimination against, marginalization, and the disadvantaging of survivors of the Rwandan genocide against the Tutsi and violations of their human rights.

**The Encyclopedia of Social Work** - Terry Mizrahi - 2008

Conveys the breadth and depth of the social work profession’s collective expertise, formulated and written by social workers from many backgrounds and competencies.

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